## Exercise 3 on Integration

1. Evaluate the following limits:
(a) $\lim _{n \rightarrow \infty} \frac{1^{k}+2^{k}+\cdots+n^{k}}{n^{k+1}}(k \in \mathbb{N})$
(c) $\lim _{n \rightarrow \infty} n^{2}\left(\frac{1}{n^{3}+1^{3}}+\frac{1}{n^{3}+2^{3}}+\cdots+\frac{1}{2 n^{3}}\right)$
(b) $\lim _{n \rightarrow \infty} \frac{1}{n} \sqrt[n]{(n+1)(n+2) \cdots(n+n)}$
(d) $\lim _{n \rightarrow \infty} \frac{1}{n} \log \binom{2 n}{n}$
2. Evaluate the following integrals:

$$
\int_{1 / e}^{e}|\log x| d x, \int_{0}^{\pi / 2} \frac{1}{1+\tan ^{n} x} d x, \int_{0}^{\pi / 4} \frac{\sin x}{\sin x+\cos x} d x, \int_{0}^{\pi} \frac{x \sin x}{1+\cos ^{2} x} d x
$$

3. Suppose $f$ is continuous on $[0,1]$. Prove that

$$
\int_{0}^{\pi} x f(\sin x) d x=\pi \int_{0}^{\pi / 2} f(\sin x) d x
$$

Hence (or otherwise) calculate

$$
\int_{0}^{\pi} \frac{x \sin ^{2 n} x}{\sin ^{2 n} x+\cos ^{2 n} x} d x .
$$

4. Prove the following inequality

$$
\int_{0}^{\pi}\left|\frac{\sin n x}{x}\right| d x \geq \frac{2}{\pi}\left(1+\frac{1}{2}+\cdots+\frac{1}{n}\right) .
$$

5. For every positive integer $n$, evaluate the integrals

$$
\int_{0}^{\pi / 2} \sin ^{n} x d x, \int_{0}^{\pi / 2} \cos ^{n} x d x, \int_{0}^{\pi / 4} \tan ^{2 n} x d x, \text { and } \int_{0}^{\pi / 2} \frac{\sin (2 n+1) x}{\sin x} d x
$$

6. For any $n \in \mathbb{N}$, evaluate the integral $\int_{0}^{1}\left(1-x^{2}\right)^{n} d x$ and hence calculate the following sum

$$
\frac{1}{1}\binom{n}{0}-\frac{1}{3}\binom{n}{1}+\frac{1}{5}\binom{n}{2}-\cdots+(-1)^{n} \frac{1}{2 n+1}\binom{n}{n}
$$

7. Let $f:[1, \infty) \rightarrow \mathbb{R}$ be defined by $f(x)=\int_{1}^{x} \frac{\log t}{1+t} d t$. Find all $x \in \mathbb{R}$ that satisfies the equation

$$
f(x)+f(1 / x)=2 .
$$

8. Let $f$ be continuous on $\mathbb{R}$. If $\int_{-a}^{a} f(x) d x=0$ holds for every $a \in \mathbb{R}$, show that $f$ must be an odd function.
9. Let $f: \mathbb{R} \rightarrow(0, \infty)$ be a continuously differentiable function which satisfies $f^{\prime}(t) \geq \sqrt{f(t)}$ for all $t \in \mathbb{R}$. Show that for every $x \geq 1$,

$$
\sqrt{f(x)} \geq \sqrt{f(1)}+\frac{1}{2}(x-1)
$$

10. Let $f:[1, \infty) \rightarrow \mathbb{R}$ be a function satisfying $f(1)=1$, and

$$
f^{\prime}(x)=\frac{1}{x^{2}+f(x)^{2}}
$$

for every $x \geq 1$. Prove that $\lim _{x \rightarrow \infty} f(x)$ exists and this limit is less than $1+\pi / 4$.
11. Let $f(x)=x^{3}-\frac{3}{2} x^{2}+x+\frac{1}{4}$. For every $n \in \mathbb{N}$ let $f^{n}$ denote $f$ composed $n$-times, i.e., $f^{n}(x)=\underbrace{f \circ f \circ \cdots \circ f}_{n \text { times }}(x)$. Evaluate $\int_{0}^{1} f^{2020}(x) d x$.
12. Suppose that $f:[0, \infty) \rightarrow \mathbb{R}$ is continuous. Define $a_{n}=\int_{0}^{1} f(x+n) d x$, for every $n \geq 0$. Suppose also that $\lim _{n \rightarrow \infty} a_{n}=a$. Find the limit

$$
\lim _{n \rightarrow \infty} \int_{0}^{1} f(n x) d x
$$

13. Let $f:[a, b] \rightarrow \mathbb{R}$ be a continuously differentiable function. Prove that,

$$
\lim _{n \rightarrow \infty} \int_{a}^{b} f(x) \sin n x d x=0
$$

## Solution to Exercise 3

1. Evaluate the following limits:
(a) $\lim _{n \rightarrow \infty} \frac{1^{k}+2^{k}+\cdots+n^{k}}{n^{k+1}}(k \in \mathbb{N})$
(c) $\lim _{n \rightarrow \infty} n^{2}\left(\frac{1}{n^{3}+1^{3}}+\frac{1}{n^{3}+2^{3}}+\cdots+\frac{1}{2 n^{3}}\right)$
(b) $\lim _{n \rightarrow \infty} \frac{1}{n} \sqrt[n]{(n+1)(n+2) \cdots(n+n)}$
(d) $\lim _{n \rightarrow \infty} \frac{1}{n} \log \binom{2 n}{n}$

Solution.
(a) It equals $\int_{0}^{1} x^{k} d x=\frac{1}{k+1}$.
(Ans)
(b) Taking log, we get

$$
\begin{equation*}
\lim _{n \rightarrow \infty} \frac{1}{n} \sum_{k=1}^{n} \log \left(1+\frac{k}{n}\right)=\int_{0}^{1} \log (1+x) d x=x \log x-\left.x\right|_{x=1} ^{x=2}=2 \log 2-1 \tag{Ans}
\end{equation*}
$$

So the desired limit equals $\exp (2 \log 2-1)=4 / e$.
(c) It equals $\int_{0}^{1} \frac{1}{1+x^{3}} d x$. Evaluating this is usually carried out using a partial fraction decomposition: by assuming that

$$
\frac{1}{(1+x)\left(1-x+x^{2}\right)}=\frac{A}{x+1}+\frac{B x+C}{1-x+x^{2}}
$$

is an identity we solve for $A, B, C$, and then use standard integrals. Another way is to do some algebra and cleverly write it as

$$
\frac{1}{6} \int_{0}^{1} \frac{1}{x+1} d x-\frac{1}{6} \int_{0}^{1} \frac{2 x-1}{x^{2}-x+1} d x+\frac{1}{2} \int_{0}^{1} \frac{1}{x^{2}-x+1} d x
$$

Anyway, these are some very standard methods that I hope you already are (or, going to be) familiar with them. The final answer is $\frac{1}{3} \log 2+\frac{\pi}{3 \sqrt{3}}$.
(d) Since $\binom{2 n}{n}=\prod_{k=1}^{n} \frac{n+k}{k}$, the given limit equals

$$
\begin{equation*}
\int_{0}^{1} \log \left(1+\frac{1}{x}\right) d x=\int_{1}^{2} \log x d x-\int_{0}^{1} \log x d x=(2 \log 2-1)-(-1)=\log 4 \tag{Ans}
\end{equation*}
$$

2. Evaluate the following integrals:

$$
\int_{1 / e}^{e}|\log x| d x, \int_{0}^{\pi / 2} \frac{1}{1+\tan ^{n} x} d x, \int_{0}^{\pi / 4} \frac{\sin x}{\sin x+\cos x} d x, \int_{0}^{\pi} \frac{x \sin x}{1+\cos ^{2} x} d x
$$

Solution. The first one can be calculated as follows.

$$
\begin{align*}
\int_{1 / e}^{e}|\log x| d x & =\int_{1 / e}^{1}|\log x| d x+\int_{1}^{e}|\log x| d x \\
& =\int_{1 / e}^{1}-\log x d x+\int_{1}^{e} \log x d x \\
& =x-\left.x \log x\right|_{x=1 / e} ^{x=1}+x \log x-\left.x\right|_{x=1} ^{x=e}=2(1-1 / e) \tag{Ans}
\end{align*}
$$

For the next one, the result $\int_{0}^{a} f(x) d x=\int_{0}^{a} f(a-x) d x$ will help us, as follows.

$$
I=\int_{0}^{\pi / 2} \frac{1}{1+\tan ^{n} x} d x=\int_{0}^{\pi / 2} \frac{1}{1+\tan ^{n}(\pi / 2-x)} d x=\int_{0}^{\pi / 2} \frac{\tan ^{n} x}{1+\tan ^{n} x} d x
$$

Adding up these two expressions for $I$, we get $2 I=\int_{0}^{\pi / 2} 1 d x=\pi / 2 \quad \Longrightarrow \quad I=\pi / 4$. (Ans) To calculate the next one, we note that $(\sin x+\cos x)^{\prime}=\cos x-\sin x$. So, writing $2 \sin x=(\sin x+\cos x)-(\cos x-\sin x)$ does the trick:

$$
\begin{align*}
\int_{0}^{\pi / 4} \frac{\sin x}{\sin x+\cos x} d x & =\frac{1}{2} \int_{0}^{\pi / 4} \frac{2 \sin x}{\sin x+\cos x} d x \\
& =\frac{1}{2} \int_{0}^{\pi / 4} 1 d x-\frac{1}{2} \int_{0}^{\pi / 4} \frac{(\sin x+\cos x)^{\prime}}{\sin x+\cos x} d x \\
& =\frac{\pi}{8}-\frac{1}{2}[\log (\sin x+\cos x)]_{x=0}^{x=\pi / 4}=\frac{\pi}{8}-\frac{1}{4} \log 2 \tag{Ans}
\end{align*}
$$

Let us now calculate the last one.

$$
I_{1}=\int_{0}^{\pi} \frac{x \sin x}{1+\cos ^{2} x} d x=\int_{0}^{\pi} \frac{(\pi-x) \sin (\pi-x)}{1+\cos ^{2}(\pi-x)} d x=\int_{0}^{\pi} \frac{(\pi-x) \sin x}{1+\cos ^{2} x} d x
$$

Adding up these two expressions for $I_{1}$ we get

$$
\begin{equation*}
2 I_{1}=\int_{0}^{\pi} \frac{\pi \sin x}{1+\cos ^{2} x} d x=\pi \int_{-1}^{1} \frac{1}{1+u^{2}} d u=\pi\left(\tan ^{-1}(1)-\tan ^{-1}(-1)\right) \tag{Ans}
\end{equation*}
$$

and hence $I_{1}=\pi^{2} / 4$.
3. Suppose $f$ is continuous on $[0,1]$. Prove that

$$
\int_{0}^{\pi} x f(\sin x) d x=\pi \int_{0}^{\pi / 2} f(\sin x) d x
$$

Hence (or otherwise) calculate

$$
\int_{0}^{\pi} \frac{x \sin ^{2 n} x}{\sin ^{2 n} x+\cos ^{2 n} x} d x
$$

Solution. First we write

$$
I=\int_{0}^{\pi} x f(\sin x) d x=\int_{0}^{\pi}(\pi-x) f(\sin (\pi-x)) d x=\int_{0}^{\pi}(\pi-x) f(\sin x) d x
$$

and then adding up these two alternate expressions for the same integral, we get

$$
2 I=\pi \int_{0}^{\pi} f(\sin x) d x=2 \pi \int_{0}^{\pi / 2} f(\sin x) d x
$$

where in the last step we used $\int_{0}^{2 a} f(x) d x=\int_{0}^{a}(f(x)+f(2 a-x)) d x$.
Using the above formula/idea, we get

$$
\int_{0}^{\pi} \frac{x \sin ^{2 n} x}{\sin ^{2 n} x+\cos ^{2 n} x} d x=\pi \int_{0}^{\pi / 2} \frac{\sin ^{2 n} x}{\sin ^{2 n} x+\cos ^{2 n} x} d x
$$

Now using $\int_{0}^{a} f(x) d x=\int_{0}^{a} f(a-x) d x$,

$$
I=\int_{0}^{\pi / 2} \frac{\sin ^{2 n} x}{\sin ^{2 n} x+\cos ^{2 n} x} d x=\int_{0}^{\pi / 2} \frac{\cos ^{2 n} x}{\sin ^{2 n} x+\cos ^{2 n} x} d x=\frac{1}{2} \int_{0}^{\pi / 2} d x=\frac{\pi}{4}
$$

Therefore, the desired integral equals $\pi^{2} / 4$.
(Ans)
4. Prove the following inequality

$$
\int_{0}^{\pi}\left|\frac{\sin n x}{x}\right| d x \geq \frac{2}{\pi}\left(1+\frac{1}{2}+\cdots+\frac{1}{n}\right)
$$

Solution. First we substitute $y=n x$ to write

$$
\int_{0}^{\pi}\left|\frac{\sin n x}{x}\right| d x=\int_{0}^{n \pi}\left|\frac{\sin y}{y / n}\right| \frac{d y}{n}=\int_{0}^{n \pi}\left|\frac{\sin y}{y}\right| d y
$$

Now break the integral as the sum of integrals $\int_{0}^{\pi}, \int_{\pi}^{2 \pi}$, etc. as follows.

$$
\begin{aligned}
\int_{0}^{n \pi}\left|\frac{\sin y}{y}\right| d y & =\sum_{k=1}^{n} \int_{(k-1) \pi}^{k \pi} \frac{|\sin y|}{y} d y \\
& \geq \sum_{k=1}^{n} \int_{(k-1) \pi}^{k \pi} \frac{|\sin y|}{k \pi} d y \quad(\text { since }(k-1) \pi<y<k \pi \Longrightarrow 1 / y>1 / k \pi) \\
& =\sum_{k=1}^{n} \frac{1}{k \pi} \int_{0}^{\pi}|\sin y| d y=\frac{2}{\pi}\left(1+\frac{1}{2}+\cdots+\frac{1}{n}\right)
\end{aligned}
$$

as required.
Corollary. $\int_{0}^{\infty}\left|\frac{\sin y}{y}\right| d y=\lim _{T \rightarrow \infty} \int_{0}^{T}\left|\frac{\sin y}{y}\right| d y=\infty$. (Since $1+1 / 2+1 / 3+\cdots$ diverges.)
But, it is an interesting fact that $\int_{0}^{\infty} \frac{\sin y}{y} d y$ exists (which we will show in a later class) and, in fact, it equals $\pi / 2$.
5. For every positive integer $n$, evaluate the integrals

$$
\int_{0}^{\pi / 2} \sin ^{n} x d x, \int_{0}^{\pi / 2} \cos ^{n} x d x, \int_{0}^{\pi / 4} \tan ^{2 n} x d x, \text { and } \int_{0}^{\pi / 2} \frac{\sin (2 n+1) x}{\sin x} d x
$$

Solution. Let me do the first two, and leave the rest for you. For $n \geq 1$, define

$$
I_{n}=\int_{0}^{\pi / 2} \sin ^{n} x d x=\int_{0}^{\pi / 2} \cos ^{n} x d x
$$

For instance, $I_{0}=\pi / 2$, and $I_{1}=1$. How to calculate $I_{n}$ for a general $n$ ? The idea is to get a recursion for $I_{n}$ and then solve that recursion. For $n>1$, we integrate by parts to get

$$
\begin{aligned}
I_{n} & =\int_{0}^{\pi / 2}(\sin x)^{n-1} \cdot \sin x d x \\
& =\left[(\sin x)^{n-1} \int \sin x d x\right]_{0}^{\pi / 2}-\int_{0}^{\pi / 2} \frac{d}{d x}(\sin x)^{n-1}\left(\int \sin x d x\right) d x \\
& =\left[-(\sin x)^{n-1} \cos x\right]_{0}^{\pi / 2}+\int_{0}^{\pi / 2}(n-1)(\sin x)^{n-2} \cos ^{2} x d x \\
& =0+\int_{0}^{\pi / 2}(n-1)(\sin x)^{n-2}\left(1-\sin ^{2} x\right) d x=(n-1)\left(I_{n-2}-I_{n}\right)
\end{aligned}
$$

Thus, $I_{n}=(n-1)\left(I_{n-2}-I_{n}\right)$, which can also be written as

$$
I_{n}=\frac{n-1}{n} I_{n-2}, n \geq 2
$$

Now, for an even $n$, say $n=2 k$ where $k \geq 1$, we have

$$
I_{2 k}=\frac{2 k-1}{2 k} I_{2 k-2}=\frac{2 k-1}{2 k} \frac{2 k-3}{2 k-2} I_{2 k-4}=\cdots=\frac{1 \times 3 \times \cdots \times(2 k-1)}{2 \times 4 \times \cdots \times 2 k} I_{0} .
$$

Similarly, for odd $n$, say $n=2 k+1$ where $k>1$, we have

$$
I_{2 k+1}=\frac{2 k}{2 k+1} I_{2 k-1}=\frac{2 k}{2 k+1} \frac{2 k-2}{2 k-1} I_{2 k-3}=\cdots=\frac{2 \times 4 \times \cdots \times 2 k}{3 \times 5 \times \cdots \times(2 k+1)} I_{1} .
$$

We can also write

$$
I_{n}= \begin{cases}\frac{(2 k-1)!!}{(2 k)!!} \frac{\pi}{2}=\binom{2 k}{k} \frac{\pi}{2^{2 k+1}} & \text { if } n=2 k \geq 0  \tag{3}\\ \frac{(2 k)!!}{(2 k+1)!!}=\frac{2^{2 k}}{2 k+1}\binom{2 k}{k}^{-1} & \text { if } n=2 k+1 \geq 1\end{cases}
$$

These integrals ( $I_{n}$ ) are commonly known as Wallis' integrals.
6. For any $n \in \mathbb{N}$, evaluate the integral $\int_{0}^{1}\left(1-x^{2}\right)^{n} d x$ and hence calculate the following sum

$$
\frac{1}{1}\binom{n}{0}-\frac{1}{3}\binom{n}{1}+\frac{1}{5}\binom{n}{2}-\cdots+(-1)^{n} \frac{1}{2 n+1}\binom{n}{n} .
$$

Solution. Using the Binomial theorem,

$$
\left(1-x^{2}\right)^{n}=\sum_{k=0}^{n}\binom{n}{k}\left(-x^{2}\right)^{k} .
$$

Integrating both sides, and noting that the RHS being a finite summation we can pass the integral sign inside the summation, we get

$$
\int_{0}^{1}\left(1-x^{2}\right)^{n} d x=\sum_{k=0}^{n}\binom{n}{k} \int_{0}^{1}\left(-x^{2}\right)^{k} d x=\sum_{k=0}^{n}\binom{n}{k} \frac{(-1)^{k}}{2 k+1}
$$

Now, we can calculate the integral on the LHS directly (using by parts or by substitution) and hence get an expression for the sum on the RHS.

$$
\int_{0}^{1}\left(1-x^{2}\right)^{n} d x=\int_{0}^{\pi / 2}\left(1-\sin ^{2} \theta\right)^{n} \cos \theta d \theta=\int_{0}^{\pi / 2}(\cos \theta)^{2 n+1} d \theta=\frac{2 \times 4 \times \cdots \times 2 k}{1 \times 3 \times \cdots \times(2 n+1)}
$$

where the last integral was evaluated using (3). Therefore,

$$
\begin{equation*}
\frac{1}{1}\binom{n}{0}-\frac{1}{3}\binom{n}{1}+\frac{1}{5}\binom{n}{2}-\cdots+(-1)^{n} \frac{1}{2 n+1}\binom{n}{n}=\frac{(2 n)!!}{(2 n+1)!!} \tag{Ans}
\end{equation*}
$$

7. Let $f:(0, \infty) \rightarrow \mathbb{R}$ be defined by $f(x)=\int_{1}^{x} \frac{\log t}{1+t} d t$. Find all $x \in \mathbb{R}$ that satisfies the equation

$$
f(x)+f(1 / x)=2
$$

Solution. For any $x>1$, we calculate the following integral by substituting $u=1 / t$

$$
\int_{1}^{1 / x} \frac{\log t}{1+t} d t=\int_{1}^{x} \frac{\log (1 / u)}{1+1 / u} \frac{-1}{u^{2}} d u=\int_{1}^{x} \frac{\log u}{1+u} \frac{d u}{u}
$$

Therefore,

$$
\begin{equation*}
f(x)+f(1 / x)=\int_{1}^{x} \frac{\log t}{1+t} d t+\int_{1}^{x} \frac{\log t}{1+t} \frac{1}{t} d t=\int_{1}^{x} \frac{\log t}{t} d t=\left.\frac{1}{2}(\log t)^{2}\right|_{1} ^{x}=\frac{1}{2}(\log x)^{2} . \tag{Ans}
\end{equation*}
$$

So, $f(x)+f(1 / x)=2 \Longleftrightarrow(\log x)^{2}=4 \Longleftrightarrow \log x= \pm 2 \Longleftrightarrow x=e^{2}$ or $e^{-2}$.
8. Let $f$ be continuous on $\mathbb{R}$. If $\int_{-a}^{a} f(x) d x=0$ holds for every $a \in \mathbb{R}$, show that $f$ must be an odd function.
Solution. Using the formula $\int_{-a}^{a} f(x) d x=\int_{0}^{a}(f(x)+f(-x)) d x$, we get

$$
\int_{0}^{a} g(x) d x=0
$$

for all $a \in \mathbb{R}$ where $g(x)=f(x)+f(-x)$. In a previous exercise we saw that this implies $g \equiv 0$, which here forces $f$ to be an odd function.
9. Let $f: \mathbb{R} \rightarrow(0, \infty)$ be a continuously differentiable function which satisfies $f^{\prime}(t) \geq \sqrt{f(t)}$ for all $t \in \mathbb{R}$. Show that for every $x \geq 1$,

$$
\sqrt{f(x)} \geq \sqrt{f(1)}+\frac{1}{2}(x-1)
$$

Solution. The derivative of $\sqrt{x}$ is $\frac{1}{2} x^{1 / 2-1}=1 / 2 \sqrt{x}$. So, $\frac{d}{d x} \sqrt{f(x)}=\frac{f^{\prime}(x)}{2 \sqrt{f(x)}}$. Now we can proceed in many ways. One way is to say that the function

$$
g(x)=\sqrt{f(x)}-\frac{1}{2} x
$$

has derivative

$$
g^{\prime}(x)=\frac{f^{\prime}(x)}{2 \sqrt{f(x)}}-\frac{1}{2} \geq 0
$$

hence $g$ is increasing and therefore for any $x \geq 1$, we have $g(x) \geq g(1)$, which gives the desired inequality.

Another way: for any $t \geq 1$, we have

$$
\frac{f^{\prime}(t)}{2 \sqrt{f(t)}} \geq \frac{1}{2}
$$

which implies that

$$
\int_{1}^{x} \frac{1}{2} d t \leq \int_{1}^{x} \frac{f^{\prime}(t)}{2 \sqrt{f(t)}} d t=\int_{1}^{x}(\sqrt{f(t)})^{\prime} d t=\sqrt{f(x)}-\sqrt{f(1)}
$$

which gives us the desired inequality.
10. Let $f:[1, \infty) \rightarrow \mathbb{R}$ be a function satisfying $f(1)=1$, and

$$
f^{\prime}(x)=\frac{1}{x^{2}+f(x)^{2}}
$$

for every $x \geq 1$. Prove that $\lim _{x \rightarrow \infty} f(x)$ exists and this limit is less than $1+\pi / 4$.
Solution. First note that $f^{\prime}(x)>0$ so $f$ is increasing. Hence for $x \geq 1$, we can say that $f(x) \geq f(1)=1$. Therefore,

$$
\begin{equation*}
f^{\prime}(x)=\frac{1}{x^{2}+f(x)^{2}} \leq \frac{1}{x^{2}+1} \text { for all } x \geq 1 \tag{4}
\end{equation*}
$$

Now

$$
f(x)-f(1)=\int_{1}^{x} f^{\prime}(t) d t \leq \int_{1}^{x} \frac{1}{1+t^{2}} d t=\tan ^{-1} x-\tan ^{-1} 1<\frac{\pi}{2}-\frac{\pi}{4}=\frac{\pi}{4} .
$$

Since $f$ is increasing and bounded above, we can say that $\lim _{x \rightarrow \infty} f(x)$ exists, and from the above inequalities, it is immediate that the limit should be less than or equal to $\pi / 4$.

But how to claim that the limit is strictly less than $\pi / 4$ ? Showing that is quite tricky, because even if you have $f(x)<g(x)$ for all $x$, taking limit as $x \rightarrow \infty$ (or $x \rightarrow a$ ) would change the $<$ sign to a $\leq$ sign. Here we adopt the following approach.
If $f$ never crosses $c$ where $1<c<1+\pi / 4$ then it is trivial that $\lim _{x \rightarrow \infty} f(x) \leq c<1+\pi / 4$. Else, $f\left(x_{0}\right)>c$ for some $x_{0}>1$, then $f(x) \geq f\left(x_{0}\right)>c$ for all $x>x_{0}$, and hence

$$
f^{\prime}(t)=\frac{1}{t^{2}+f(t)^{2}} \leq \frac{1}{t^{2}+c^{2}}, \quad \text { for } t \geq x_{0}
$$

Integrating this inequality from $x_{0}$ to $x$ and integrating (4) from 1 to $x_{0}$, we obtain

$$
f(x)-f(1) \leq \int_{1}^{x_{0}} \frac{1}{t^{2}+1} d t+\int_{x_{0}}^{x} \frac{1}{t^{2}+c^{2}} d t
$$

for every $x>x_{0}$. Letting $x \rightarrow \infty$ here, we get

$$
\lim _{x \rightarrow \infty} f(x) \leq 1+\int_{1}^{x_{0}} \frac{1}{1+t^{2}} d t+\int_{x_{0}}^{\infty} \frac{1}{t^{2}+c^{2}} d t<1+\int_{1}^{\infty} \frac{1}{t^{2}+1} d t=1+\frac{\pi}{4}
$$

11. Let $f(x)=x^{3}-\frac{3}{2} x^{2}+x+\frac{1}{4}$. For every $n \in \mathbb{N}$ let $f^{n}$ denote $f$ composed $n$-times, i.e., $f^{[n]}(x)=\underbrace{f \circ f \circ \cdots \circ f}_{n \text { times }}(x)$. Evaluate $\int_{0}^{1} f^{2020}(x) d x$.
Solution. First observe that $f(x)+f(1-x)=1$ for every $x \in \mathbb{R}$. Then note that

$$
f(f(1-x))=f(1-f(x))=1-f(f(x))
$$

In fact, you can do induction on $n$ to show that if $g$ be $f$ composed with itself $n$ times, then $g$ also satisfies $g(x)+g(1-x)=1$. Hence, for any $n \geq 1$, we can write

$$
\begin{equation*}
I=\int_{0}^{1} f^{[n]}(x) d x=\int_{0}^{1} f^{[n]}(1-x) d x=\int_{0}^{1}\left(1-f^{[n]}(x)\right) d x \tag{Ans}
\end{equation*}
$$

and then add up these two alternate expressions for $I$ to show that $I=1 / 2$.
12. Suppose that $f:[0, \infty) \rightarrow \mathbb{R}$ is continuous. Define $a_{n}=\int_{0}^{1} f(x+n) d x$, for every $n \geq 0$. Suppose also that $\lim _{n \rightarrow \infty} a_{n}=a$. Find the limit

$$
\lim _{n \rightarrow \infty} \int_{0}^{1} f(n x) d x
$$

Solution. We observe that

$$
\int_{0}^{1} f(n x) d x=\frac{1}{n} \int_{0}^{n} f(y) d y=\frac{1}{n} \sum_{k=0}^{n-1} \int_{k}^{k+1} f(y) d y=\frac{1}{n} \sum_{k=0}^{n-1} \int_{0}^{1} f(u+k) d u=\frac{1}{n} \sum_{k=0}^{n-1} a_{k} .
$$

Now you have to use the following fact: if $\left(a_{n}\right)_{n \geq 0}$ be a sequence that converges to $a$, then the sequence $\left(b_{n}\right)_{n \geq 1}$ defined by

$$
\begin{equation*}
b_{n}=\frac{1}{n} \sum_{k=0}^{n-1} a_{k} \tag{Ans}
\end{equation*}
$$

also converges to $a$. This tells us that the desired limit also equals $a$.
Do you recall how to prove the fact used in the above proof? We just have to write

$$
\left|b_{n}-a\right|=\left|\frac{1}{n} \sum_{k=0}^{n-1}\left(a_{k}-a\right)\right| \leq \frac{1}{n} \sum_{k=0}^{n-1}\left|\left(a_{k}-a\right)\right|
$$

and truncate the sum at $N$ where $N$ is such that $\left|a_{k}-a\right|<\varepsilon / 2$ holds for every $k \geq N$. Then we would have

$$
\left|b_{n}-a\right| \leq \frac{1}{n} \sum_{k=0}^{N-1}\left|\left(a_{k}-a\right)\right|+\frac{1}{n} \sum_{k=N}^{n-1}\left|\left(a_{k}-a\right)\right| \leq \frac{B}{N}+\frac{n-N}{n} \frac{\varepsilon}{2}
$$

where $B=\sum_{k=0}^{N-1}\left|a_{k}-a\right|$. It then follows that taking $n$ large enough so that $B / n<\varepsilon / 2$ also holds, one obtains $\left|b_{n}-a\right|<\varepsilon$ for all sufficiently large $n$, which completes the proof.
13. Let $f:[a, b] \rightarrow \mathbb{R}$ be a continuously differentiable function. Prove that,

$$
\lim _{n \rightarrow \infty} \int_{a}^{b} f(x) \sin (n x) d x=0
$$

Solution. Applying integration by parts, we get

$$
\begin{align*}
\int_{a}^{b} f(x) \sin (n x) d x & =\left[f(x) \int \sin (n x) d x\right]_{a}^{b}-\int_{a}^{b}\left(f^{\prime}(x) \int \sin (n x) d x\right) d x \\
& =\frac{f(a) \cos n a-f(b) \cos n b}{n}-\frac{1}{n} \int_{a}^{b} f^{\prime}(x) \cos (n x) d x
\end{align*}
$$

Now, since $f$ is continuously differentiable on $[a, b]$, we can say that $f^{\prime}$ is bounded on $[a, b]$. In other words, we can find an $M>0$ such that $\left|f^{\prime}(x)\right|<M$ holds for every $x \in[a, b]$. So, $0 \leq\left|f^{\prime}(x) \cos n x\right| \leq M$ also holds for $x \in[a, b]$ and therefore we obtain from $(\dagger)$ that

$$
\begin{aligned}
0 \leq\left|\int_{a}^{b} f(x) \sin (n x) d x\right| & \leq\left|\frac{f(a) \cos n a-f(b) \cos n b}{n}\right|+\left|\frac{1}{n} \int_{a}^{b} f^{\prime}(x) \cos (n x) d x\right| \\
& \leq \frac{|f(a) \cos n a|+|f(b) \cos n b|}{n}+\frac{1}{n} \int_{a}^{b}\left|f^{\prime}(x) \cos (n x)\right| d x \\
& \leq \frac{|f(a)|+|f(b)|}{n}+\frac{M(b-a)}{n} \rightarrow 0, \text { as } n \rightarrow \infty .
\end{aligned}
$$

This proves that the desired limit is 0 .

